

## Alvaro

80 Count, 2 Wall, Intermediate

Choreographer: Robbie McGowan Hickie & Karl-Harry Winson  
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Choreographed to: All In My Head by Alvaro Estrella  
(132 bpm – iTunes, Amazon)

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16 Count intro

- 1 Side Step Right. Cross Rock. Chasse 1/4 Turn Left. Step. Pivot 1/2 Turn Left. Side Step with 1/4 Turn Left.**  
1 – 3 Step Right to Right side. Cross rock Left over Right. Rock back on Right.  
4&5 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left.  
6 – 8 Step forward on Right. Pivot 1/2 Left. Make 1/4 turn Left stepping Right **Long** step to Right side.
- 2 Back Rock. 2 x Walks Forward. Forward Rock. Triple Full Turn Left.**  
1 – 2 Rock back on Left. Rock forward on Right. **(12:00)**  
3 – 4 Walk forward on Left. Walk forward on Right.  
5 – 6 Rock forward on Left. Rock back on Right.  
7&8 Triple step making Full turn Left **(on the spot)** stepping Left. Right. Left. **Or: Left Coaster Step**
- 3 Side. Touch. Left Kick Ball-Cross. Side Step. Touch Across. Point Out. Touch Behind (With shoulder lift)**  
1 – 2 Step Right to Right side. Touch Left toe beside Right.  
3&4 Kick Left **Diagonally** forward Left. Step Left beside Right. Cross step Right over Left.  
5 – 7 Step Left to Left side. Touch Right toe across Left. Point Right toe out to Right side.  
8 Touch Right toe behind Left - Lifting Right shoulder and dropping the Left and Look Down to Left side
- 4 Side Step Right. Hold. & 1/4 Turn Right. Step. Pivot 1/2 Turn Right. 1/4 Turn Right. Back Rock.**  
1 – 2 Step Right to Right side. Hold.  
&3 – 4 Step Left beside Right. Make 1/4 Right stepping forward on Right. Step forward on Left.  
5 – 6 Pivot 1/2 turn Right. Make 1/4 turn Right stepping Left to Left side.  
7 – 8 Rock back on Right. Rock forward on Left.
- 5 Step. 1/2 Turn Right. Right Coaster. Step. 1/2 Turn Left. Left Shuffle 1/2 Turn Left.**  
1 – 2 Step forward on Right. Make 1/2 turn Right stepping back on Left.  
3&4 Step back on Right. Step Left beside Right. Step forward on Right.  
5 – 6 Step forward on Left. Make 1/2 turn Left stepping back on Right.  
7&8 Left shuffle making 1/2 turn Left stepping Left. Right. Left. (6:00)
- 6 Step Forward. & Heel Lift. Touch Back. Reverse Pivot 1/2 Turn Right. Step. Hold & Step. Scuff.**  
1&2 Step forward on Right. Raise both heels up. Lower both heels to floor. (Weight ends on Left)  
3 – 4 Touch Right toe back. Make 1/2 turn Right taking weight on Right.  
5 – 6 Step forward on Left. Hold.  
&7 – 8 Step ball of Right beside Left. Step forward on Left. Scuff Right forward. (12:00)
- 7 Rocking Chair. 2 x Walks Around. Turning Cross Shuffle. (Completing 1/2 Circle Turn Left).**  
1 – 4 Rock forward on Right. Rock back on Left. Rock back on Right. Rock forward on Left.  
5 – 6 Make 1/8 turn Left walking forward on Right. Make 1/8 turn Left walking forward on Left.  
7&8 Cross step Right over Left. Step Left to Left side. Cross Right over Left (Gradually making 1/4 turn Left)
- 8 2 x Walks Around. Left Triple Step. (Completing 1/2 Circle Turn Left). Right Jazz Box Cross.**  
1 – 2 Make 1/8 turn Left walking forward on Left. Make 1/8 turn Left walking forward on Right.  
3&4 Left Triple step turning 1/4 Left stepping Left. Right. Left. (12:00)  
5 – 8 Cross step Right over Left. Step back on Left. Step Right to Right side. Cross step Left over Right.
- 9 Side Step Right. Drag. Ball-Cross. Side Step Left. Back Rock. 2 x Walks Forward.**  
1 – 2 **Long** step Right to Right side. Drag Left towards Right.  
&3 – 4 Step ball of Left beside Right. Cross step Right over Left. **Long** step Left to Left side.  
5 – 6 Rock back on Right. Rock forward on Left.  
7 – 8 Walk forward on Right. Walk forward on Left.
- 10 Pivot 1/2 Turn Right. Left Shuffle Diagonally Forward Left. Out – Out. Back. Cross. Chasse Right**  
1,2&3 Pivot 1/2 turn Right. Left shuffle **Diagonally** forward Left stepping Left. Right. Left.  
4 – 5 **(Still on Diagonal)** Step Right out to Right side (push hips Right). Step Left out to Left side (push hips Left)  
6 – 7 **(Straighten up to 6 o'clock)** Step back on Right. Cross step Left over Right.  
8&(1) Step Right to Right side. Close Left beside Right. (6:00)
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