



Approved by:

*Michelle*

# Ball & Chain

## 2 WALL – 64 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b> 1 – 2 3 & 4 5 – 6 7 & 8	<b>Walk, Walk, Kick Ball Step (x 2)</b> Walk forward right. Walk forward left. Kick right forward. Step right beside left. Step left forward. Walk forward right. Walk forward left. Kick right forward. Step right beside left. Step left forward.	Walk Walk Kick Ball Step Walk Walk Kick Ball Step	Forward
<b>Section 2</b> 1 – 2 3 & 4 5 – 6 7 – 8 <b>Option</b>	<b>Forward Rock, Shuffle 1/2 Turn, Full Turn, Step, Pivot 1/4</b> Rock forward on right. Recover onto left. Shuffle step 1/2 turn right, stepping - right, left, right. (6:00) Turn 1/2 right and step left back. Turn 1/2 right and step right forward. Step left forward. Pivot 1/4 turn right. (9:00) Counts 5 – 6: Walk forward - left, right.	Rock Forward Shuffle Half Full Turn Step Pivot	On the spot Turning right
<b>Section 3</b> 1 – 2 3 & 4 & 5 – 6 7 & 8	<b>Cross, Side, Behind &amp; Heel &amp; Cross, Side, Behind &amp; Heel</b> Cross left over right. Step right to right side. Cross left behind right. Step right in place. Dig left heel to left diagonal. Step left in place. Cross right over left. Step left to left side. Cross right behind left. Step left to left side. Dig right heel to right diagonal.	Cross Side Behind & Heel & Cross Side Behind & Heel	Right On the spot Left On the spot
<b>Section 4</b> & 1 2 – 4 5 & 6 7 – 8	<b>Ball Cross, Monterey 1/2 With Brush, Forward Shffle, Step, Pivot 3/4</b> Step right to place. Cross left over right. Point right to right side. Turn 1/2 right stepping right beside left. Brush left forward. Step left forward. Close right beside left. Step left forward. (3:00) Step right forward. Pivot 3/4 turn left. (6:00)	& Cross Monterey Brush Left Shuffle Step Pivot	Right Turning right Forward Turning left
<b>Section 5</b> 1 – 2 3 – 4 5 – 6 7 – 8	<b>Side, Hold, Hinge 1/2 Turn Hold (x 3)</b> Step right to right side. Hold (click fingers at waist). On ball of right turn 1/2 right stepping left to left side. Hold (click up). (12:00) On ball of right turn 1/2 left stepping left to left side. Hold (click down). (6:00) On ball of left turn 1/2 left stepping right to right side. Hold (click up). (12:00)	Side Hold Hinge Half Hinge Half Hinge Half	Right Turning right Turning left
<b>Section 6</b> 1 & 2 3 & 4 <b>Tag/Restart</b> 5 – 6 7 & 8	<b>Left Sailor, Right Sailor, Behind, Unwind 3/4, Kick &amp; Touch</b> Cross left behind right. Step right to right side. Step left to place. Cross right behind left. Step left to left side. Step right to place. <b>Wall 2:</b> Dance Tag then start the dance again from the beginning. Cross left behind right. Unwind 3/4 turn left (weight onto left). (3:00) Kick right forward. Step right back. Tap left across right.	Left Sailor Right Sailor  Behind Unwind Kick & Touch	On the spot  Turning left On the spot
<b>Section 7</b> 1 – 2 & 3 – 4 & 5 – 6 7 & 8	<b>Dorothy Step x 2, Step, 1/2 Turn With Hook, Forward Lock Step</b> Step left diagonally forward left. Lock right behind left. Step left diagonally forward. Step right diagonally forward right. Lock left behind right. Step right diagonally forward. Step left forward. Turn 1/2 right (weight on left) and hook right in front of left. Step right forward. Lock left behind right. Step right forward.	Left Dorothy Right Dorothy Step Half Right Lock Right	Forward  Turning right Forward
<b>Section 8</b> 1 – 2 <b>Option</b> 3 – 4 5 – 6 7 & 8	<b>Full Turn, Cross Rock, Side Rock, Cross, 1/4 Turn, Side</b> Turn 1/2 right and step left back. Turn 1/2 right and step right forward. (9:00) Counts 1 – 2: Walk forward - left, right. Cross rock left over right. Recover onto right. Rock left to left side. Recover onto right. Cross left over right. Turn 1/4 left and step right back. Step left to left side. (6:00)	Full Turn  Cross Rock Side Rock Cross Quarter Side	Turning right  On the spot Turning left
<b>Tag</b> 5 – 6 7 & 8	<b>Wall 2: (Amended last 4 counts of Section 6): Behind, Unwind 1/2, Kick Out Out</b> Cross left behind right. Unwind 1/2 turn left to face front wall. Kick right forward. Little jump back - right, left. Then Restart the dance from the beginning.	Cross Unwind Kick Out Out	Turning left On the spot
<b>Ending</b>	To end at front: Replace count 16 (1/4 turn) with 1/2 turn to front and step forward.		

**Choreographed by:** Michelle Risley (UK) March 2014

**Choreographed to:** 'Ball And Chain' by Connie Britton & Will Chase from CD The Music Of Nashville: OST Season 2, Vol 1; download available from amazon or iTunes (start on vocals)

**Tag/Restart:** One short Tag during Wall 2 followed by Restart



A video clip of this dance is available at [www.linedancermagazine.com](http://www.linedancermagazine.com)