



Approved by:

*Alan G. Birchall*

# Before The Devil

| 4 WALL - 32 COUNTS - BEGINNER / INTERMEDIATE |  |                    |               |
|--|--|--------------------|---------------|
| STEPS  | ACTUAL FOOTWORK  | CALLING SUGGESTION | DIRECTION     |
| <b>Section 1</b>                             | <b>Side Rock, Cross Shuffle, 1/2 Turn Right, Forward Shuffle</b>                     |                    |               |
| 1 - 2  | Rock right to right side. Recover onto left.   | Side Rock          | Right         |
| 3 & 4  | Cross right over left. Step left to left side. Cross right over left.                | Cross Shuffle      | Left          |
| 5 - 6  | Make 1/4 right stepping back onto left. Turn 1/4 right stepping right to right side. | Turn Turn          | Turning right |
| 7 & 8  | Step left forward. Close right beside left. Step left forward.                       | Left Shuffle       | Forward       |
| <b>Section 2</b>                             | <b>Walk x 2, Kick Ball Step, Cross, Side, 1/4 Right Sailor Turn</b>                  |                    |               |
| 1 - 2  | Walk forward right. Walk forward left.   | Walk Walk          | Forward       |
| <b>Option</b>                                | <b>Make full turn left stepping right, left.</b>                                     |                    |               |
| 3 & 4  | Kick right forward. Step right beside left. Step left forward.                       | Kick Ball Step     |               |
| 5 - 6  | Cross right over left. Step left to left side.                                       | Cross Side         | Left          |
| 7 &  | Turning 1/4 right sweep right behind left. Step left beside right.                   | Turn &             | Turning right |
| 8  | Step right forward. (9:00)   | Step               | Forward       |
| <b>Section 3</b>                             | <b>Full Turn Left (travelling forward), Heel Switches, Hand Claps</b>                |                    |               |
| 1 - 2  | Turn 1/4 left stepping left forward. Turn 1/4 left stepping right back.              | Turn Turn          | Turning left  |
| 3 - 4  | Turn 1/4 left stepping left to side. Turn 1/4 left stepping right forward.           | Turn Turn          |               |
| <b>Option</b>                                | <b>Replace turn with 4 walks forward - left, right, left, right.</b>                 |                    |               |
| 5 &  | Touch left heel forward. Step left beside right.                                     | Heel &             | On the spot   |
| 6 &  | Touch right heel forward. Step right beside left.                                    | Heel &             |               |
| 7 & 8  | Touch left heel forward. Clap hands twice.   | Heel Clap Clap     |               |
| <b>Section 4</b>                             | <b>&amp; Rock, Triple Full Turn Right, Cross, Side, Behind, Side, Cross</b>          |                    |               |
| & 1 - 2                                      | Step left beside right. Rock forward on right. Recover back onto left.               | & Rock Recover     | Forward       |
| 3 & 4  | Triple full turn right, stepping - right, left, right.                               | Triple Full Turn   | Turning right |
| <b>Option</b>                                | <b>Replace turn with right coaster step.</b>   |                    |               |
| 5 - 6  | Cross left over right. Step right to right side.                                     | Cross Side         | Right         |
| 7 & 8  | Cross left behind right. Step right to right side. Cross left over right.            | Behind Side Cross  |               |

**Choreographed by:** Alan G Birchall (UK) May 2006

**Choreographed to:** 'If You're Going Through Hell' by Rodney Atkins (156 bpm) from CD If You're Going Through Hell (32 count intro)

**Choreographer's Note:** Many thanks to Rick for bringing this music to my attention - great uplifting track!

**Music Suggestion:** 'Let Me Entertain You' by Robbie Williams (128 bpm)