

Forget Me Not!

32 count, 4 wall, Intermediate level
Choreographer : Kim Ray (UK) August 2001
Choreographed to : Forget Me Not by Gary Perkins & The Breeze, Free to Love CD

SIDE, KICK, SHUFFLE BACK, ROCK STEP, SHUFFLE FORWARD

- 1-2 Step left to left side, kick right to right diagonal
3&4 Shuffle back, right, left, right
5-6 Rock back on left, recover onto right
7&8 Shuffle forward, left, right, left

¼ PIVOT TURN, CROSS ROCK, ¾ STEP TURN, STEP FORWARD

- 9-10 Step forward on right, ¼ pivot turn left (weight on left)
11-12 Cross rock right over left, recover back onto left
13-14 ¼ turn right stepping on right, ¼ right stepping onto left
15-16 ¼ turn right stepping on right, step forward onto left
(Optional: 13-15 rock alternate shoulders on each step)

SHUFFLE FORWARD, ROCK STEP, TOUCH TURN, FULL SPIN

- 17&18 Right shuffle forward, right, left, right
19-20 Rock forward on left, recover back onto right
21-22 Touch left toe back, ½ turn left stepping down on left
23-24 Full spin left stepping right, left

¼ TURN TOUCH STEP, STEP BACK, HEEL TAP, STEP TURN, TRIPLE TURN

- 25-26 ¼ turn left and touch right toe in place, step down on right
27-28 Step back on left (leaning slightly back/facing left diagonal), tap right heel forward
(alternative: kick right forward)
29-30 Step on right (slightly forward & across of left) starting to turn right, step back on left
(completing ½ turn right)
31-32 Triple step, right, left, right making ½ turn right (steps 29-32 moving to left)

TAG SIDE STEPS & HOLDS, SIDE ROCK, SAILOR CROSS

- 1-2& Step left to left side, hold, step right next to left
3-4& Step left to left side, hold, step right next to left
5-6 Rock left to left side, recover onto right
7&8 Cross left behind right, step right to right side, cross left in front of right

- 9-16 Repeat Tag 1-8 leading with right
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Dance TAG once after wall 10 after instrumental finishes (you will be facing back wall). Start DANCE again from back wall a further FOUR times. Dance tag (facing back wall) once, then first 8 counts of TAG again. For a nice finish, unwind ½ turn right (to face front) arms up.
