

Mom, The Bomb!

64 Count, 2 Wall, Improver

Choreographer: Niels Poulsen (Dk) and Alexis Strong (UK)
May 2016

Choreographed to: Mom by Meghan Trainor feat. Kelli Trainor

Intro: Start after 32 counts. Start with weight on L.

#2 Restarts:

***1st Restart: On wall 2 (starts facing 6:00), after 32 counts, facing 12:00**

****2nd Restart: On wall 5 (starts facing 12:00), after 48 counts, facing 12:00**

NOTE: HUGE THANKS to Alexis for sending me this song.

S1 R Step Slide, L Back Rock, L Step Slide, R Sailor ¼ R Fwd

1 – 4 Step R a big step to R side (1), slide L towards R (2), rock L back (3), recover fwd to R (4) 12:00

5 – 6 Step L a big step to L side (5), slide R towards L (6) 12:00

7&8 Cross R behind L (7), turn ¼ R stepping L next to R (&), step fwd on R (8) 3:00

S2 Fwd L, Side Point R, Fwd R, Side Point L, L Jazz Box, Cross

1 – 4 Step fwd on L (1), point R to R side (2), step fwd on R (3), point L to L side (4) 3:00

5 – 8 Cross L over R (5), step back on R (6), step L to L side (7), cross R over L (8) 3:00

S3 L Step Slide, R Back Rock, R Step Slide, Behind Side Cross

1 – 4 Step L a big step to L side (1), slide R towards L (2), rock back on R (3), recover fwd to L (4) 3:00

5 – 6 Step R a big step to R side (5), slide L towards R (6) 3:00

7&8 Cross L behind R (7), step R a small step to R side (&), cross L over R (8) 3:00

S4 Monterey ¼ R, R Side Rock, R Back Rock

1 – 4 Point R to R side (1), turn ¼ R stepping R next to L (2), point L to L side (3), step L next to R (4) 6:00

5 – 8 Rock R to R side (5), recover onto L (6), rock back on R (7), recover fwd to L (8)... 6:00

*** Restart here on wall 2, facing 12:00**

S4 R&L Side Points, R&L Heel Switches, R Rocking Chair

1&2& Point R to R side (1), step R next to L (&), point L to L side (2), step L next to R (&) 6:00

3&4& Touch R heel fwd (3), step R next to L (&), touch L heel fwd (4), step L next to R (&) 6:00

5 – 8 Rock R fwd (5), recover back on L (6), rock back on R (7), recover fwd onto L (8) 6:00

S5 ¼ L Into Step Touch, ¼ L Fwd, Sweep R, R Jazz Box, Fwd L

1 – 4 Turn ¼ L stepping R to R side (1), touch L next to R (2), turn ¼ L stepping L fwd (3), sweep R fwd (4) 12:00

5 – 8 Cross R over L (5), step back on L (6), step R to R side (7), step fwd on L (8)... 12:00

*** Restart here on wall 5, facing 12:00**

S6 R&L Heel Switches, R Shuffle Fwd, L Rocking Chair

1&2& Touch R heel fwd (1), step R next to L (&), touch L heel fwd (2), step L next to R (&) 12:00

3&4 Step R fwd (3), step L behind R (&), step R fwd (4) 12:00

5 – 8 Rock L fwd (5), recover back on R (6), rock back on L (7), recover fwd onto R (8) 12:00

S7 ¼ R Into Step Touch, ¼ R Fwd, Sweep L, L Jazz Box, Touch R Together

1 – 4 Turn ¼ R stepping L to L side (1), touch R next to L (2), turn ¼ R stepping R fwd (3), sweep L fwd (4) 6:00

5 – 8 Cross L over R (5), step back on R (6), step L to L side (7), touch R next to L (8) 6:00

START AGAIN

Ending: Complete wall 7 (starts facing 6:00) and step R a big step to R side to hit the last beat in the music. You automatically end facing 12:00 ...

