



Approved by:

Kate Sala

She Believes

4 WALL - 32 COUNTS - IMPROVER

| STEPS | ACTUAL FOOTWORK | CALLING SUGGESTION | DIRECTION |
|---|--|--|---|
| Section 1 1 - 2 & 3 4 & 5 6 7 & 8 & | Side, Back Rock, 1/4 Turn, Coaster Step, Step, Step Pivot 1/2 Step, Together Long step right to right side. Cross rock left behind right. Recover onto right. Make 1/4 turn right stepping left back. Step right back. Step left beside right. Step right forward. Step left forward. Step right forward. Pivot 1/2 turn left. Step right forward. Step left beside right | Side Back Rock Turn Coaster Step Step Step Pivot Step Together | Right Turning right On the spot Forward Turning left Forward |
| Section 2 1 - 2 3 & 4 5 & 6 7 & 8 & | Forward Rock, Sailor 1/4 Turn, Cross 1/2 Turn, Cross Rock, Side, Cross Rock right forward. Recover back onto left. Sweep/Cross right behind left. Turn 1/4 right with small step left. Step right to side. Cross left over right. Turn 1/4 left stepping right back. Turn 1/4 left stepping left to left side. Cross rock right over left. Recover back onto left. Step right to right side. Cross left over right. | Forward Rock Sailor Turn Cross Turn Turn Cross Rock Side Cross | On the spot Turning right Turning left On the spot Right |
| Section 3 1 - 2 & 3 - 4 & 5 - 6 & 7 8 & 1 | Side, Back Rock, Side, Back Rock, 1/2 Turn, Back Rock, Step, Run x 3 Long step right to right side. Cross rock left behind right. Recover onto right. Long step left to left side. Cross rock right behind left. Recover onto left. Turn 1/2 left stepping right back. Rock left back. Recover onto right. Step left forward. Tiny run forward, stepping - right, left, right. | Side Back Rock Side Back Rock Turn Back Rock Step Right Left Right | Right Left Turning left Forward |
| Section 4 2 3 & 4 5 & 6 7 - 8 | Pivot 1/2, Cross, Diagonal Step x 2, Cross, 1/4 Turn, Side, Sway x 2 Pivot 1/2 turn left. Cross right over left. Step left forward to left diagonal. Step right forward to right diagonal. Cross left over right. Turn 1/4 left stepping right back. Step left to left side. Sway right. Sway left. | Pivot Cross Step Step Cross Turn Side Sway Sway | Turning left Forward Turning left On the spot |
| Tag 1 - 2 & 3 4 & | End of Wall 2 and End of Wall 6 (facing back wall both times): Step right long step to right side. Turn 1/4 left rocking left back. Recover onto right. Turn 1/4 right (6:00) stepping left long step left. Turn 1/4 right rocking right back. Recover onto left turning 1/4 left. (6:00) | Side Rock Turn Turn Turn Turn | Turning left Turning right Turning right left |

Choreographed by: Kate Sala (UK) May 2008

Choreographed to: 'She Believes In Me' by Kenny Rogers (72 bpm) from CD 20 Greatest Hits; also available as download from iTunes or tesco digital (16-count intro)

Tags: A short Tag is danced twice, once at the end of Wall 2 and at the end of Wall 6

Music Suggestion: 'She Believes In Me' by Ronan Keating (75 bpm) (16-count intro)



A video clip of this dance is available at www.linedancermagazine.com

Music available on My Love CD available from www.linedancermagazine.com or call 01704 392300