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Heartache Express

32 count, 4 wall, Intermediate

Choreographer Peter Metelnick (Canada)

Choreographed To

Tonight The Heartache's On Me by Dixie
Chicks

Beats per Minute 120

Section 1 Side, Behind, Heel Ball Cross, Side Rock & Cross Shuffle.

1 - 2 Step Right To Right Side. Cross Left Behind Right.

3 & 4 Touch Right Heel Forward. Step Right Beside Left. Cross Left Over Right.

5 - 6 Rock Right To Right Side. Rock Weight Onto Left In Place.

7 & 8 Cross Right Over Left. Step Left To Left Side. Cross Right Over Left.

Section 2 Side, Behind, Heel Ball Cross, Rock 1/4 Turn, Shuffle Forward.

9 - 10 Step Left To Left Side. Cross Right Behind Left.

11 & 12 Touch Left Heel Forward. Step Left Beside Right. Cross Right Over Left.

13 - 14 Rock Left To Left Side. Rock Weight Onto Right Making 1/4 Turn Right.

15 & 16 ~~Step Forward Left. Close Right Beside Left. Step Forward Left.~~

Section 3 Forward Steps, Kick Ball Change, Step 1/4 Turn X 2.

17 - 18 Step Forward Right. Step Forward Left.

19 & 20 Kick Right Forward. Step Right Beside Left. Step Left In Place.

21 - 22 Step Forward Right. Pivot 1/4 Turn Left.

23 - 24 Step Forward Right. Pivot 1/4 Turn Left.

Section 4 Rock Step, Shuffle 1/2 Turn, Rock Step, Coaster Cross.

25 - 26 Rock Forward On Right. Rock Back Onto Left.

27 & 28 Shuffle Step 1/2 Turn Right, Stepping - Right, Left, Right.

29 - 30 Rock Forward On Left. Rock Back Onto Right.

31 & 32 Step Back Left. Step Right Beside Left. Cross Left Over Right.

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this dance

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